## **SELF SUPERVISED ACTIVITIES**

## **GROUP LEADER INSTRUCTIONS**

Before commencing any activity, the group leader must read, understand and agree to abide by the safety rules and operating instructions and sign to confirm at reception. The safety of participants is at all times the responsibility of the group leader. The centre accepts no liability for injury or damage as a result of misuse or neglect.

## **GROUP LEADER'S RESPONSIBILITIES**

- The group leader must be present at all times throughout the duration of the activity.
- Be familiar with first aid, fire evacuation and emergency procedures.
- Any accidents, or near misses must be reported to centre management ASAP.
- The group leader is responsible for ensuring participants are adequately prepared for the activity
- Check the area for any hazards and remove or contact a member of staff as
  necessary, make group aware of any relevant hazards in the activity area. An
  ongoing dynamic risk assessment should occur and the activity should be
  ceased if weather/damage/group behaviour etc. poses a risk of injury or
  concern.
- Ensure all spectators remain in a safe designated area.
- Ensure the participants are aware of how to operate equipment and do so safely. Contact a member of staff if you require further assistance.
- Ensure group are aware of rules and abide throughout. If any participants fail to abide by the rules or engage in behaviour that may cause injury or damage they will be prohibited from participation and ejected from the area/centre.
- Any loss or damage must be reported to centre management immediately, loss or damage from misuse or neglect will be subject to additional charges.
- Only equipment that has been signed for should be used. Use of any other equipment is prohibited and will be subject to additional charges.
- Games and activity will be at the discretion of the group leader. Participants must abide by the rules overleaf.
- If you require any additional information or assistance please contact a member of staff immediately.
- Ensure the area is tidied prior to departure, lock and return any keys and equipment to reception. Loss of keys will be subject to additional charges.

UNLESS OTHERWISE STATED LEADER TO PARTICIPANT RATIOS SHALL COMPLY WITH THE GROUP LEADERS OWN ORGANISATIONAL REQUIREMENTS AND BASED ON THE NEEDS AND MATURITY OF THE GROUP.

APPROPRIATE SUPERVISION SHOULD BE PROVIDED THROUGHOUT.

SPECIFIC ACTIVITY RULES OVERLEAF>>>

# **SELF SUPERVISED ACTIVITY RULES**

ASSAULT COURSE: RECOMMEND AGE 3+ (PARTICIPANTS SHOULD BE OF SIMILAR BUILD)
MATS SHOULD BE AROUND BASE (CONTACT A MEMBER OF STAFF IF NOT).

- MAXIMUM NUMBER OF PERSONS ON THE INFLATABLE AT ANY ONE TIME IS 6
- VALUABLES, SHARP OBJECTS AND SHOES MUST BE REMOVED
- ENTRY AND EXIT SHOULD BE FROM THE OPPOSITE SIDE OF THE FAN BLOWERS
- DO NOT CLIMB ON THE EXTERNAL WALLS OR BOUNCE ON THE STEP

**EQUALISER: RECOMMEND AGE 5+** (THE GUY ROPES SHOULD BE TETHERED CONTACT A MEMBER OF STAFF IF NOT).

- VALUABLES, SHARP OBJECTS AND SHOES MUST BE REMOVED
- COMPETITORS MUST BE OF A SIMILAR BUILD WITH LOOSE CLOTHES TUCKED IN.
   FIT THE HARNESS SECURELY. ENSURE REAR CONNECTORS ARE FINGER TIGHT.
- PARTICIPANTS MUST NOT HOLD THE BUNGEE AT ANY TIME DURING ACTIVITY.
- DO NOT TIE KNOTS IN THE BUNGEE.

**GRASS SLEDGES: RECOMMEND 5+** (PULL SLEDGE TO TOP OF TRACK BY PATH AT SIDE OF TRACK. IF SNOW MAKES BRAKES INEFFECTIVE CEASE THE ACTIVITY)

- 1 PERSON PER SLEDGE. YOU MUST DESCEND SEATED FORWARDS ONLY & ONLY WHEN TRACK IS CLEAR.
- PARTICIPANTS MUST NOT WALK UP OR ACROSS THE TRACK
- TRACK MUST BE CLEAR BEFORE NEXT DESCENT
- AN ASSISTANT MAY PUSH THE SLEDGE AT START ONLY (AWAY FROM EDGE). DO NOT PROPEL SLEDGE BY THE LANE DIVIDER, HANDS AND FEET SHOULD REMAIN WITHIN.

## GYRO CARS: RECOMMEND AGE 3+ (TURN THE WHEEL SIDE TO SIDE FOR MOVEMENT)

- CARS MUST REMAIN WITHIN DESIGNATED AREA
- FULL FOOT COVERAGE MUST BE WORN
- EQUIPMENT TO BE USED RESPONSIBLY

## PEDAL KARTS: RECOMMEND 7+ (ACTIVITY TO REMAIN IN DESIGNATED AREA)

- 1 SEATED PERSON ON A KART ONLY, WITH FULL FOOT COVERAGE
- PARTICIPANTS MUST NOT CLIMB ON THE PERIMETER FENCE/WALLS
- NO SPECTATORS ON THE TRACK.
- ENSURE IT IS SAFE TO DISMOUNT.

#### SNOWIE CREEK: RECOMMEND 5+, MAXIMUM OF 32 PARTICIPANTS

- DO NOT CLIMB THE PERIMETER FENCE
- NO SMOKING/NAKED FLAMES

#### SPORTS BARN:

- DO NOT OPERATE SHUTTERS/CLIMBING WALL OR OTHER ITEMS NOT HIRED/
- ENCOURAGE SAFE PLAY AND TREAT EQUIPMENT WITH RESPECT

#### SUMO SUITS RECOMMEND 8+ (ADULT AND CHILD SUITS AVAILABLE)

- FIT SUITS TO SIZE, NECK BRACE AND HELMET MUST BE WORN
- PARTICIPANTS TO REMAIN ON THE MATS PROVIDED, NO ACTIVITY OUT WITH MATS.
- DO NOT FIT/USE/SCRAPE MATS ON GROUND.
- PARTICIPANTS MUST BE SIMILAR BUILD

#### **BATTLEZONE RECOMMEND 5+**

- PARTICIPANTS MUST BE OF SIMILAR BUILD.
- ENSURE PODIUMS ARE IN PLACE, MATS SHOULD BE PLACED AROUND CORNERS
- DO NOT SWING ON THE WRECKING BALL

#### **NIGHT LINE RECOMMEND 5+**

 APPROPRIATE SUPERVISION AND ASSISTANCE MUST BE PROVIDED TO PARTICIPANTS ONLY 1 PARTICIPANT ON AN OBSTACLE AT ANY ONE TIME.